

23rd International Conference
“Ayurveda For Health & Wellness”
November 11 & 12, 2017

Venue:
YMCA, Indian Student Hostel, 41 Fitzroy Square
London, W1T 6AQ, United Kingdom

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*Note: *This conference is solely for educational purposes.
This conference is not intended to diagnose, treat, cure, or prevent any disease.*

Tentative Conference Program Guide*

Saturday, November 11, 2017

Time	Topic	Presenter
08:00 am – 08:45 am	Registration Sponsors & Exhibitors Setup	Front Desk Hall
Session 1		
08:45 am – 08:55 am	Inauguration	Dhanwantari Prayer
08:55 am – 09:00 am	Introduction of Speakers	Shekhar Annambhotla
09:00 am – 09:30 am	Immune Modulation through Ayurvedic Dietary Supplements and Recipes	Venkata N Joshi, PhD-Ayu, London, UK
09:35 am – 09:55 am	Rediscover Yourself and Enhance Healthy Longevity through Ayurveda Rasayana	Shermili Mehar, BAMS, Ayurveda Consultant, Rosana Gesundheits Zentrum, Germany
10:00 am – 10:20 am	Āyurveda & The State Of Flow – The Ānanda Factor	Vasiliki Binga, MSc. Director, Yoga Energy, Florida, USA
10:20 am – 10:40 am	Q & A	Q & A
10:40 am – 11:00 am	Break	Break
Session 2		
11:00 am – 11:05 am	Introduction of Speakers	Suresh Swarnapuri
11:05 am – 11:25 am	Rasayana in Fertility	Ashish Paul, BAMS, MSc. London, UK
11:30 am – 11:50 am	Ayurveda for health and wellness of women	Deepali Bhise, BAMS, MD-Ayu, Pune, India
11:55 am – 12:15 pm	Life phase of a women from Ayurvedic perspective	Archana Sivaramakrishnan, BAMS, Oslo, Norway
12:15 pm – 12:30 pm	Q & A	Q & A
12:30 pm – 01:55 pm	<i>Lunch & Sponsors Visit</i>	Lunch
Session 3		
01:55 pm – 02:00 pm	Introduction of speakers	Varalakshmi Yanamandra
02:00 pm – 02:30 pm	A successful ayurvedic management of Thrombo Angitis Obliterans (Beurgers Disease) – An overview of two decades clinical study	Bhaksar Rao Martha, BAMS, MD-Ayu, Professor & Vice Principal, SV Ayurvedic College, Tirupathi, Andhra Pradesh, India
02:35 pm – 02:55 pm	Influence of Ayurvedic Lifestyle in Europe	Anjali Joshi, BAMS, London, UK
03:00 pm – 03:20 pm	Air Beautiful – Travel Wellness	Snow Shimazu, New York, USA
03:25 pm – 03:40 pm	Q & A	Q & A
03:40 pm – 04:00 pm	Break	Break
Session – 4		
04:00 pm – 04:05 pm	Introduction of speakers	Venkata N Joshi
04:05 pm – 04:25 pm	Ayurveda: The emerging integrative healing system in the West	Shekhar Annambhotla, BAMS, MD-Ayu, LMT, Pennsylvania, USA
04:30 pm – 04:50 pm	Rasayanas and Nutraceuticals and Clinical Application	Prashanth, A.S. BAMS, MD-Ayu, PhD-Ayu, Professor, Ayurveda Mahavidyalaya, Hubli, Karnataka, India
04:55 pm – 05:15 pm	How to create and run a successful, sustainable authentic Ayurveda clinic and Panchakarma center in Europe	Lothar Pirc, Owner, Maharishi AyurVeda Health Center, Bad Ems, Germany
05:15 pm – 05:30 pm	Q & A	Q & A
05:30 pm – 05:45 pm	Break	Break

Session - 5

05:45 pm – 06:30 pm	Panel Discussion	Moderator – Vijay K Murthy, PhD Venkata Narayana Joshi, PhD Ayu Shekhar Annambhotla, MD-Ayu Shermili Mehar, BAMS
06:30 pm – 06:45 pm	Sponsors presentation	Sponsors presentation

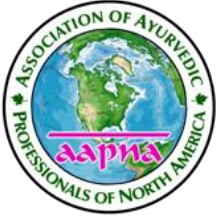
Sunday, November 12, 2017

Time	Topic	Presenter
08:30 am – 08:55 am	Day Pass Registration	Front Desk & Sponsors Visit
Session – 6		
08:55 am – 09:00 am	Introduction of Speakers	Harshavardhan Appaji
09:00 am – 09:30 am	Making Ayurveda a viable health care model for primary care; Bridging clinical care and public health	Vijay K Murthy, PhD, London, UK
09:35 am – 09:55 am	Importance of Digestion during pregnancy, birth and beyond	Seema Datta, BAMS, London, UK
10:00 am – 10:20 am	Multiple Sclerosis	Suresh Swarnapuri, BAMS, MD-Ayu
10:20 am – 10:40 am	Q & A	Q & A
10:40 am – 11:00 am	Break	Break
Session – 7		
11:00 am – 11:05 am	Introduction of Speakers	Seema Datta
11:05 am – 11:25 am	Panchakarma Practice in Europe	Pratima Nagesh, BAMS, London, UK
11:30 am – 11:50 am	Vasti a therapeutic Panchakarma	Harshavardhan Appaji, BAMS, MD-Ayu, Associate Professor, SV Ayurvedic College, Tirupathi, Andhra Pradesh, India
11:55 am – 12:15 pm	Spiritual wellness from purana point of view	Shamala Joshi, London, UK
12:15 pm – 12:30 pm	Q & A	Q & A
12:30 pm – 01:55 pm	Lunch & Sponsors / Exhibitors Visit	
Session – 8		
01:55 pm – 02:00 pm	Introduction of speakers of the session	Suresh Swarnapuri
02:00 pm – 02:30 pm	Role of Diet and Lifestyle in the Prevention of Disease – The Ayurvedic Perspective	Varalakshmi Yanamandra, BAMS, OMT, Director Ayurveda Wellness & Pain Center, Birmingham, West Midlands, UK
02:35 pm – 02:55 pm	TBA	TBA
03:00 pm – 03:20 pm	TBA	TBA
03:20 pm – 03:35 pm	Q & A	Q & A
03:35 pm – 04:05 pm	Award Ceremony & Group Photo Award Winners –	Award Ceremony & Group Photo
04:05 pm – 04:30 pm	Break	Break
Session - 9		
04:30 pm – 05:15 pm	Panel Discussion	Moderator – Vijay K Murthy, PhD Bhaskar Rao Martha, MD-Ayu Suresh Swarnapuri, MD-Ayu Harshavardhan Appaji, MD-Ayu
05:15 pm – 05:30 pm	Closing Ceremony	Shekhar Annambhotla and Suresh Swarnapuri

Note: *The program guide subject to change without prior notice.

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